https://naturheilpraxis-strasser.de/   ⋮

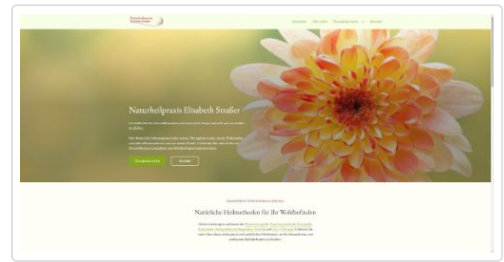| 100	96	100	100	PWA
Performance	Accessibility	Best Practices	SEO	PWA

100

Performance

Values are estimated and may vary. The performance score is calculated directly from these metrics. See calculator.

▲ 0–49   50–89   90–100

METRICS

Expand view

First Contentful Paint

0.3 s

Largest Contentful Paint

0.4 s

Total Blocking Time
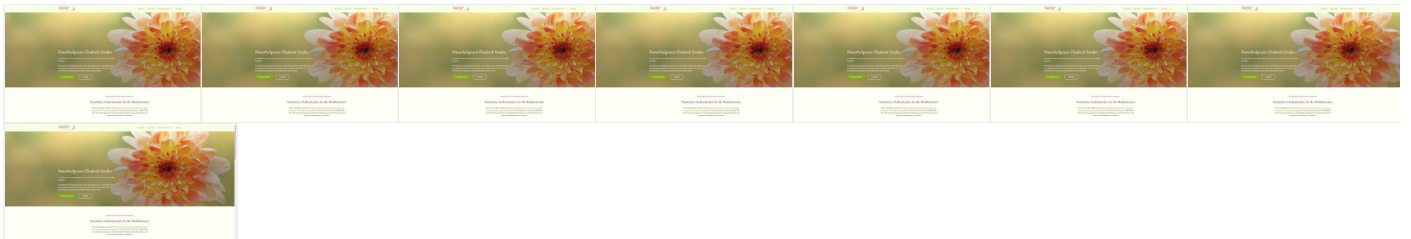
0 ms

Cumulative Layout Shift

0.017

Speed Index

0.3 s

■ View Treemap   View Original Trace

Show audits relevant to: All   FCP   LCP   TBT   CLS

OPPORTUNITIES

Opportunity   Estimated Savings

Properly size images   0.24s   ⌄

These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

DIAGNOSTICS

⊙   Avoid chaining critical requests — 3 chains found   ⌄

⊙   Keep request counts low and transfer sizes small — 15 requests • 836 KiB   ⌄

⊙   Largest Contentful Paint element — 390 ms   ⌄

⊙   Avoid large layout shifts — 5 elements found   ⌄

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (35)   Show

96

Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

CONTRAST

⚠   Background and foreground colors do not have a sufficient contrast ratio.   ⌄

These are opportunities to improve the legibility of your content.

TABLES AND LISTS

⚠   Lists do not contain only `<li>` elements and script supporting elements (`<script>` and `<template>`).   ⌄

These are opportunities to improve the experience of reading tabular or list data using assistive technology, like a screen reader.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)   Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

PASSED AUDITS (20)   Show

NOT APPLICABLE (26)   Show

100
Best Practices

TRUST AND SAFETY

○   Ensure CSP is effective against XSS attacks   ⌄

GENERAL

○   Detected JavaScript libraries   ⌄

PASSED AUDITS (13)   Show

NOT APPLICABLE (1)   Show

100
SEO

These checks ensure that your page is following basic search engine
optimization advice. There are many additional factors Lighthouse does not
score here that may affect your search ranking, including performance on
[Core Web Vitals](#). [Learn more about Google Search Essentials](#).

ADDITIONAL ITEMS TO MANUALLY CHECK (1)   Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (12)   Show

NOT APPLICABLE (2)   Show

PWA

These checks validate the aspects of a Progressive Web App. Learn what
makes a good Progressive Web App.

INSTALLABLE

⚠ Web app manifest or service worker do not meet the installability requirements — 1 reason   ⌄

PWA OPTIMIZED

⚠ Does not register a service worker that controls page and `start_url`   ⌄

⚠ Is not configured for a custom splash screen Failures: No manifest was fetched.   ⌄

⚠ Does not set a theme color for the address bar.
    Failures: No manifest was fetched, No `<meta name="theme-color">` tag found.   ⌄

○ Content is sized correctly for the viewport   ⌄

   Has a `<meta name="viewport">` tag with `width` or `initial-scale`   ⌄

⚠ Manifest doesn't have a maskable icon No manifest was fetched   ⌄

ADDITIONAL ITEMS TO MANUALLY CHECK (3)   Show

These checks are required by the baseline PWA Checklist but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually.

■ Captured at Sep 8, 2023, 11:51   ■ Emulated Desktop with   ■ Single page load
  AM GMT+2   Lighthouse 10.3.0
■ Initial page load   ■ Custom throttling   ■ Using Chromium 116.0.0.0 with
                                                                      devtools

Generated by **Lighthouse** 10.3.0 | File an issue